



INTERNATIONAL PROXY PARENTS

Celebrating 35 years Serving Jamaica's Children

POSITIVE PARENTING TIPS

- Give your children love and respect
- Hug them and praise them when they do well.
- Teach them to be truthful and respectful to others, and that all people are equal
- Protect your children from violence and harm
- Always know where your children are and who they are with
- Monitor what your children watch on TV and their social media activities
- Teach your children not to beg nor accept gifts, food, car rides or money from strangers
- Read to and with your children – reading helps them to do better in their school work
- Stress the importance of education to your children, and the benefits to their development
- Feed your children healthy and nutritious meals
- Discipline with love - correct your children without anger or resentment.
- Talk with your children quietly about what they did and why, reason with them
- Set rules for your children – set times for bed and for homework , and stick to them
- Never beat nor abuse your children - instead take away certain privileges as a form of discipline
- Give equal duties to boys and girls
- Don't quarrel nor fight in front of your children – it makes them sad and afraid
- It is your duty to make your children feel safe, protected and loved

